

- Make sure you understand all of your doctor's answers and explanations! If you don't, keep asking questions of the doctor or staff until you do understand.
- Take notes if it will help you understand or remember.
- Let the doctor know what is and isn't working with your child's breathing treatment plan.
- Discuss any medication concerns you have with the doctor (side effects, advice from family and friends, etc.).
- Ask the doctor for printed handouts or written instructions.

AFTER THE VISIT

- Review your notes and any written information you were given. If you have any questions, call the doctor's office and get answers. Make sure you understand exactly what you are supposed to do. Your pharmacist can also answer questions you have about your child's medications.
- Continue to talk with the doctor as new issues come up, or if your child develops new breathing symptoms.
- If you feel too rushed during a regular office visit or phone call to get all the answers you need, think about making an appointment with the doctor just to discuss your concerns. Or, ask if he or she can call you back at the end of office hours.